



## THE BLANK CANVAS: NAVIGATING THE FUTURE OF CARDIORESPIRATORY PHYSIOTHERAPY

FRIDAY 23<sup>rd</sup> April 2021

08:45 – 09:00	<b>CONFERENCE OPENING</b> Ema Swingwood <b>Chair's address</b>		
09:00 – 09:45	<b>KEYNOTE SPEAKER</b> Anthony Bennett <b>Miracle man</b>		
09:45 – 10:00	<b>BREAK</b>		
10:00 – 11:30	<b>SPONSORED SYMPOSIUM 1</b> <b>Supported by Breas - introduced by Ema Swingwood</b> High-flow nasal cannula therapy (HFNT) – <b>Biswajit Chakrabarti</b> Clinical application of the clearway 2 – <b>Michelle Chatwin</b>		
11:30 – 11:45	<b>BREAK</b>		
11:45 – 12:30	<b>RESEARCH ABSTRACTS</b> <b>Chaired by Adam Lewis (Research Champion)</b> <i>3x 10 minute presentations from the best abstract submissions, followed by a live Q&amp;A with all speakers.</i> A physiotherapy-led early mobilisation protocol for neurosurgical patients with external ventricular drains in intensive care: A service evaluation - <b>Yi Fang Tan</b> Differences in presentation and severity of symptoms by referral source: an evaluation of COVID-19 follow-up clinics - <b>Kristine Hunt</b> Evaluation of the effectiveness of an outpatient rehabilitation course for patients previously hospitalised with COVID-19 - <b>Lauren Hogg</b>		
12:30 – 13:15	<b>LUNCH</b>		
13:15 – 13:45	<b>INNOVATION SLOT 1</b> <b>Facilitated by the ACPRC committee</b> <i>Delegates have the opportunity to engage with 3x 10 minute sessions from sponsors and colleagues. Each will present an innovative product or idea.</i>		
13:45 – 15:15	<b>CRITICAL CARE SESSION</b> <b>Chaired by Paul Twose</b> <b>Learn from the past, watch the present and create the future</b>	<b>PAEDIATRICS SESSION</b> <b>Chaired by Jemma Mears</b> <b>Changing priorities, changing practices, moving on...</b>	<b>NON-CLINICAL SKILLS</b> <b>Presenting Online and the Power of Story</b> a narrative structure for designing your next online presentation.

	<p>The trials that have shaped us, and the ones that will progress us. <b>Owen Gustafson</b></p> <p>The workforce project - learning from the current to devise the future. <b>Paul Twose, Sarah Wallace, Una Jones, Ella Terblanche</b></p> <p>The future for physiotherapy in critical care. <b>George Ntoumenopoulos, Sabrina Eggmann, Zoe van Willigen</b></p>	<p><b>Keynote:</b> PIM-TS: a new concept, a new challenge? <b>Barney Scolefield</b></p> <p><b>Rapid session 1:</b> Putting our best foot forwards: a national physiotherapy consensus for rehabilitation in paediatric ECMO patients. <b>Hannah Child &amp; Jennie Balls</b></p> <p><b>Rapid session 2:</b> Admission avoidance during the COVID-19 pandemic <b>Moira Flanigan</b></p> <p><b>Rapid session 3:</b> New tools for your toolbox...Using LUS and EIT in paediatrics <b>Simon Gates</b></p> <p><b>Rapid session 4:</b> How low can you go? A spotlight on Nasopharyngeal Suction. <b>Rachel Evans and Laura Lowndes</b></p>	<p><b>Steve Creffield</b></p>
<b>15:15 – 15:30</b>	<b>BREAK</b>		
<b>15:30 – 16:30</b>	<p><b>CELEBRATING EXCELLENCE</b> <b>Chaired by Charlotte Pereira</b></p> <p>COVID-19- the good, the bad and the ugly <b>Jessie Horne</b></p> <p>Project Fizzyo: remote airway clearance monitoring for children with cystic fibrosis <b>Helen Douglas and Emma Raywood</b></p> <p>Avoiding a Trache situation <b>Dalia Barghouthy &amp; Anna Makower</b></p>	<p><b>EDUCATION IN THE TIME OF COVID</b> <b>Chaired by Harriet Shannon</b></p> <p>ONCALLbuddy: Innovating and educating during a global pandemic <b>Steph Mansell with Iain Loughran</b></p> <p>Going full "CIRLC"- lessons from the COVID-19 ICU remote learning course <b>Eve Corner</b></p>	<p><b>SPONSORED SESSION: Nasal High Flow and Secretion Management - Supported by Fisher &amp; Paykel</b> <b>Chaired by Holly Van Ristell</b></p> <p>TBC <b>Gerry Reid</b></p> <p>Nasal High Flow Therapy in the community <b>Samantha Wood</b></p> <p>Panel discussion &amp; Q&amp;A <b>Zoe van Willigen, Paul Twose &amp; Matthew Quint</b></p>
<b>16:30 – 16:45</b>	<b>BREAK</b>		

<b>16:45 – 18:15</b>	<b>FIRESIDE CHAT</b> followed by informal networking <b>Chaired by Ema Swingwood</b>  <i>Share discussion points with an expert physiotherapy panel</i>	<b>YOGA</b> <b>Eleanor Douglas</b>	<b>LIFE DRAWING</b> <b>Bella Franks</b>
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**18:15 – 19:30** **DINNER BREAK**

**19:30 – until late** **CELEBRATION EVENING with GUEST SPEAKER** Greg Whyte  
 Awards ceremony and dancing!

**\*Summary of lightning talks for Saturday 24<sup>th</sup> April 2021**

<b>08:30-09:15</b>	Dr Sarah Elliott Jodie Byant Jemma Woyda Vicki Bytheway Kirsty Archer Danielle Worsley Catherine Lawrence	Returning to work after critical care: an employers' guide Let's talk about frailty Is rest best? A case study of chest physiotherapy in paediatric VV ECMO Physiotherapist turned ICU nurse – COVID redeployment Supporting patients at the end of life: An education programme for physiotherapists Tracheostomy Practitioner – an innovative role Interventions to increase delivery and uptake of critical care rehabilitation: how effective are they?
<b>10:15-11:15</b>	Enya Daynes Greg Stretton Rachel Tuffnell  Sara Knight Anne Brooke-Hollidge  Linzy Houchen-Wolloff  Speaker tbc Robyn Mason	Exploring Multidimensional Aspects to Dyspnoea in Chronic Diseases Could Covid-19 change the way asthmatic patients are treated? There are barriers for patients with more severe breathlessness in accessing traditional rehabilitation services, how can we overcome this to better support this patient group? Pilot study: Development of a student-led pulmonary rehabilitation maintenance clinic at RGU Non-Cystic Fibrosis Bronchiectasis: The use of Nebulised 7% Hypertonic Saline alongside Respiratory Physiotherapy, and its long-term effects on Total Bacterial Load in an Adult Population Which functional alternatives can we use as a replacement for exercise tests in remote pulmonary rehabilitation assessments? Pulmonary rehabilitation through HME use (with thanks to our sponsor, Atos Medical) The oxygen assist module and managing acute respiratory distress (with thanks to our sponsor, Vapotherm)

**SATURDAY 24<sup>th</sup> April 2021**

07:30 – 08:15	<b>WAKE UP TO...</b> Disco aerobics		
08:30 – 09:15	<p><b>BREAKFAST MEETING</b>  <b>Chaired by Paul McCallion</b></p> <p>I got pills; they're multiplying: an introduction to non-medical prescribing (NMP) in respiratory physiotherapy  <b>Kate Ford &amp; Claire Devine</b></p>	<p><b>LIGHTNING TALKS – Critical Care*</b> see above for details  <b>Chaired by Harriet Shannon</b></p> <p>8x 6 minute presentations contributed by conference attendees. Do also check the 'resources' section for further pre-recorded lightning talks.</p>	
09:30 – 10:15	<p><b>SATURDAY ADDRESS</b> <b>Introduced by Ema Swingood</b>          ACPRC 40 years on: back to the future  <b>Julia Bott</b></p>		
10:15 – 11:15	<p><b>WHERE ARE WE GOING? CRITICAL CARE AND BEYOND</b>  <b>Chaired by Owen Gustafson</b></p> <p>Collect, Analyse, Repeat" – thoughts from behind the mask  <b>Mandie Thomas</b></p> <p>Best of both worlds: insights from a clinical academic career  <b>David McWilliams</b></p>	<p><b>LIGHTNING TALKS*</b> see above for details  <b>Chaired by Amy Bendall</b></p> <p>8x 6 minute presentations contributed by conference attendees, followed by Q&amp;A. Do also check the 'resources' section for further pre-recorded lightning talks</p>	<p><b>EQUALITY AND DIVERSITY IN HEALTHCARE</b>  <b>Chaired by Holly Van Ristell</b></p> <p><b>Let's get serious about equality and diversity in respiratory physiotherapy</b></p> <ul style="list-style-type: none"> <li>• Can you truly be your authentic self in the NHS?</li> <li>• Why we shouldn't underestimate the power of diversity</li> <li>• How to outsmart your own unconscious bias</li> </ul> <p><b>Arun Joseph, Niko Brenner and other speakers</b></p>
11:15 – 11:30	<b>BREAK</b>		
11:30 – 13:00	<p><b>SPONSORED SYMPOSIUM 2</b> <b>Supported by PARI. Chaired by Rachael Colclough</b>  <b>Discover Simeox: an Innovative Airway Clearance Device</b>          Introduction - <b>Cilla Clayton</b></p> <p>Airway Clearance background &amp; Simeox positioning – <b>Florence Danet</b></p> <p>Simeox technology and benefits - <b>Florence Danet</b></p>		

Current available clinical data and ongoing clinical studies – **Laurent Morin**

Hands on demonstration – **Florence Danet**

Physiotherapist experience/feedback, examples of clinical applications & patient feedback followed by Q&A with all speakers – **Claire Lord**

**13:00 – 13:30**

**LUNCH**

**13:30 – 14:00**

Innovation slot 2 **Facilitated by the ACPRC committee**

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**14:00 – 15:30**

**LONG-TERM CONDITIONS CHAMPION'S SESSION**

**Chaired by Paul McCallion**

**"Now you Shield me, now you don't"**

COPD and COVID-19: Reciprocal Impact

**John Hurst**

Pulmonary Rehabilitation: and now for something completely different?

**Samantha Pilsworth**

"12 months behind the shield" – the patient journey

**Alan Timothy**

**SURGICAL CHAMPION'S SESSION**

**Chaired by Allaina Eden**

**What impact do wounds have on post-operative recovery?**

Minimally invasive surgery; the surgeon's perspective.

**Giuseppe Aresu and Jalal Bin Saied**

From good wounds to problematic wounds. What can we do?

**Jo Swan**

How do post-operative wounds and frailty affect recovery?

**Amy Chadwick/Amil Magpantay**

Removal of sternal wound precautions, a service improvement project. **Megan**

**Gregory**

**BAD HABITS: CHANGING BEHAVIOUR**

**Chaired by Lucy Gardiner**

Behaviour change in people with long-term conditions

**Paul Chadwick**

Self-management: friend or foe?

**Fran Butler**

Learning from excellence

**Adrian Plunkett**

**15:30 – 15:45**

**BREAK**

**15:45 – 16:45**

**WHERE DO WE GO FROM HERE?**

**Chaired by Rachael Colclough**

'Rachael Bailey' – from both sides of the curtain

**Rachael Bailey**

When the blank becomes bright

**Rachael Moses**

16:45-17:00

Closing comments from Rachael Colclough

*With thanks to:*

*our Sponsors, Breas, Dräger, Pari, Solus Medical, Fisher & Paykel, Atos Medical & Intersurgical*

*all those who contributed either as speakers or behind the scenes and*

*(most importantly) to our ACPRC members who continue to support our work.*

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