

Research and best practice

Fran Butler

Fran was the ACPRC research officer until January 2021. She is an Advanced Clinical Specialist Physiotherapist in Chronic Respiratory and Pulmonary Rehabilitation at York Teaching Hospitals NHS Foundation Trust. Fran is currently completing her PhD at Northumbria University and will shortly finish her thesis on *Understanding the barriers and facilitators to successful behaviour change in self-management within the context of Pulmonary Rehabilitation using a critical realist approach*. Throughout her time as research officer, Fran showed a real commitment to supporting clinicians to realise their research potential at all levels. She is a fantastic facilitator who developed the research officer role in her own, positive, way. This tended to focus on trying to integrate a research agenda into ACPRC short courses, as well as supporting the conference. She constantly juggles her many roles and priorities, but always has time to support others with their research. She's an absolute star.

Bronwen Connolly

Dr Bronwen Connolly is a Consultant Critical Care Physiotherapist and currently works as a Senior Lecturer in Queen's University in Belfast. She has published over 50 papers and secured approximately £5 million in grants, in her work improving the care of patients with critical illness. Bronwen is the first critical care physiotherapist to be awarded an NIHR HTA Grant, which is for £2 million to study 'Mucoactive drugs for acute respiratory failure'. Bronwen is a role model and inspiration to our entire profession, showing others that it's possible to pave a way to progress in academia. Not all of her research Fellowships have been AHP specific, demonstrating that physiotherapists can be up there amongst medics for these competitive awards. Bronwen is very humble in her achievements and always keen to support and encourage others in our profession and the wider Critical care community, especially those new to research.

Sarah Elliott

I'm a student currently on a research and critical care placement with Sarah. Not only is she teaching me about healthcare research and helping me to undertake a audit and quality improvement project of the critical care pathway during my placement she is also completing several research projects of her own. Sarah is the principal investigator in a study looking at the feasibility of early mobilisation in critical care as well as helping with a study looking at occupational therapy apprenticeships. She is always looking to promote research and best practice in the hospital whether through helping medical students undertake quality improvement projects or completing her phd looking at physiotherapy in a 7 day service. I truly cannot begin to understand how she juggles the amount of research she undertakes as well as working on ITU in the middle of a pandemic. She is truly inspiring and has definitely given me a passion for research.