

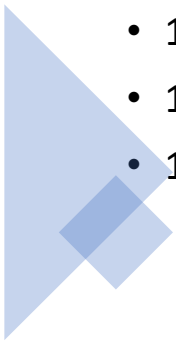
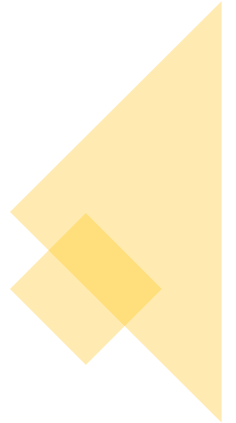
Sternal Wound meeting
Survey feedback

09/06/2021

Response

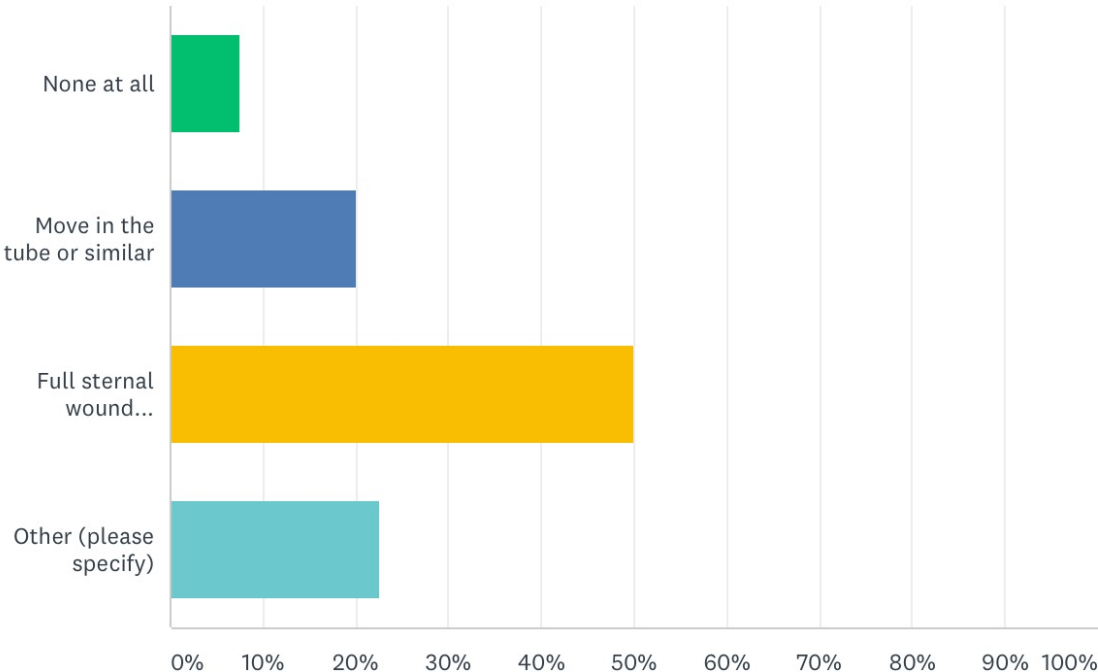
41 response (40 included)

- 31 Physios
- 2 Assistant Practitioners
- 2 Cardiac Rehab Physios
- 1 Cardiac Rehab AP
- 1 Cardiac Rehab Exercise Therapist
- 1 Advanced Nurse Practitioner
- 1 Associate Professor in Cardiopulmonary Rehabilitation
- 1 Occupational Therapist



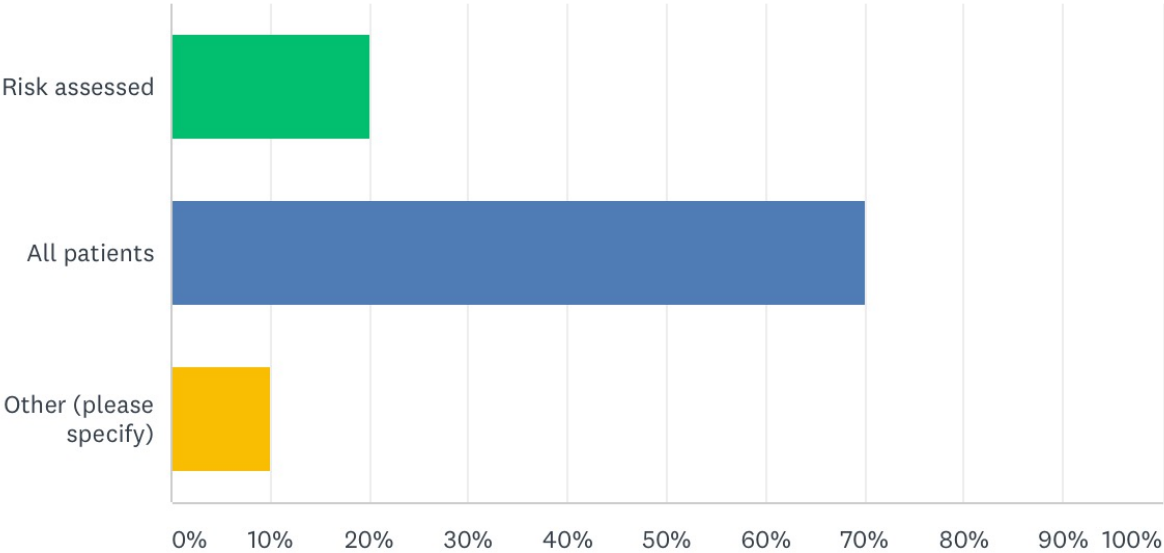
Current sternal wound precautions:

Answered: 40 Skipped: 0



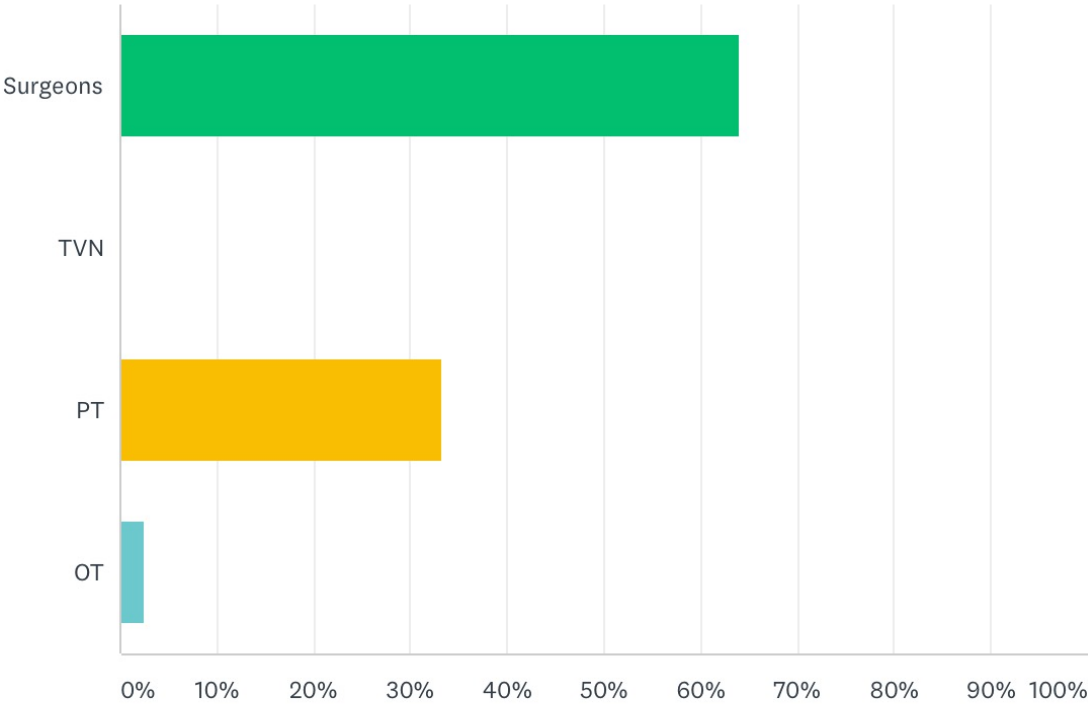
Is this risk stratified (i.e low and high risk patients) or for all patients

Answered: 40 Skipped: 0



Who decides this?

Answered: 39 Skipped: 1



Risk factors considered

Complexity of recovery	Length of time in PICU	Number of previous sternotomies	Delayed healing	Age	Co-morbidities
Activity status	PMH	Risk of SSI	BMI	Diabetic status	Bone density
Smoking	Nutrition	balance of maintaining independence or loss of independence if precautions used fully	Cognition/ insight	Safety	Coughing++
		Breast size	Steroid use		

Sternal protection devices

15 – No

Remainder – Yes/ Sometimes

Device used:

- Thoracic jackets
- Sternal vests
- Cough lok
- Sterna bra
- BHIS bra
- Qualibreathe
- Heart hugger
- Binders/ sternal band
- Bra