

Enrollment

Assessed for eligibility (n = 68)

Excluded (n = 38)

- Not meeting inclusion criteria (n = 0).
- Declined to participate (n = 32).
- Other reasons (n = 6) (2pts refused O₂ therapy and 4pts could not attend regularly because of personal reasons).

Randomized (n = 30)

Allocation

Allocated to intervention (n = 15)

- Recieved allocated intervention (n = 12).
- Did not recieve allocated intervention (subjects quit attending PR) (n = 3).

Allocated to control group (n = 15)

- Recived allocated intervention (n = 15).
- Did not recieve allocated intervention (give reasons) (n = 0).

Follow-up

Lost to follow-up (n = 0).
Discontinued intervention (subjects quit attending) (n = 3).

Lost to follow-up (give reasons) (n = 0).
Discontinued intervention (give reasons) (n = 0).

Analysis

Analysed (n = 12)
• Exluded from analysis (n = 0).

Analysed (n = 15)
• Exluded from analysis (n = 0).